

CGTI Blog Posts, February 2016

CGTI Leadership Team Applications November 16, 2016

Leadership Team Applications are now available for CGTI 2017!

- Leadership Team will attend CGTI 2017 Thursday, July 13-Thursday, July 20, 2017.
- Leadership Team Application Deadline: Friday, December 30, 2016.
- To qualify for Leadership Team you must have completed at least 2 years of volunteer staff.
- 2015 and 2016 Youth Staff are NOT eligible to apply for Leadership Team.
- Applicants must be 20 years and older to apply for Leadership Team.

There will be 3-4 on-site (location based) planning meetings from January – June. For those selected, the first meeting will take place Friday, January 13 in Bloomington-Normal – more details to come!

Leadership Team 2017 Applications

Adult Staff and Youth Staff applications will be available in February. If you have additional questions, please contact Ashley Webb, Prevention Program Manager at ashley@ilabh.org or call 217.528.7335 ext. 12.

CGTI Community Action Team October Update November 16, 2016

Each month our Community Action Teams (CATs) are asked to complete an online monthly reports. Here's information from their October report:

Barrington High School

This month the action team prepared for their next prevention event, a Snowflake for middle school youth. They held an all-day retreat on October 17 for their Snowflake leadership team and had small group leader training and also worked to finalize plans for their Snowflake event.



Bureau Putnam Power (BP Power)

This month the action team held meetings at each school, as well as one meeting as a whole on October 17. They

planned their upcoming BP Power outing that will act as a group bonding activity and reviewed their action plan. For October, the CAT presented for Red Ribbon Week at both the high school and middle school. Their presentations focused on raising awareness and educating youth about alcohol, tobacco and other drug use and promoted healthy lifestyles. During their presentation at the high school, they used it as an opportunity to recruit for their CAT. They also discussed the Mid-Year Conference and will be sending 16 youth.

Conant High School

This month the CAT held a mental health awareness week October 17 – 21. They held several events throughout that week including an all-school activity fair to promote healthy decision making, presentations to the entire freshman class by their school psychologists and social workers to promote bullying prevention and intervention, and a nationally renowned author and guest speaker spoke to the entire school about the power of making positive, healthy choices and healthy decision-making. **CGTI 2016-2017 Mini Grant Award Recipient*

Downers Grove North OS

This month the CAT participated in Red Ribbon Week. They created a video to help reduce stress and spread a positive message.

Dunlap Valley Middle School Teens Against Bullying (TAB)

This month the CAT met twice to finalize the Red Ribbon Week event details and to discuss bullying prevention. They watched two videos about what can be done in the event of bullying and developed strategies to prevent it. Next month they plan to work on securing a guest speaker. This CAT will be sending 7 youth and 1 adult mentor. **CGTI 2016-2017 Mini Grant Award Recipient*

East Leyden OS

This month the CAT held their monthly meeting with the large group and weekly meetings with leaders of their CAT/OS Chapter. They participated in Red Ribbon Week by posting facts around ATOD use and prevention around the school.

Elmwood Park OS

This month the CAT continued to hold their standard weekly meetings and participated in Red Ribbon Week. Each day of the week had a theme where students could dress up. Team members handed out red ribbons to students and staff and on the last day they had students sign a pledge to be drug-free. They also tied red ribbons to the entrance gate of the school to display student's commitment to be drug-free. Next month they will be working on the beginning stages of an outing off campus for the students as a healthy alternative. They will also be sending a team of 7 youth and 1 mentor to the Mid-Year Conference. **CGTI 2016-2017 Mini Grant Award Recipient*

Greendale High School

This month the CAT held a fun run, which was aimed at raising health awareness through a 5k around their town. They also held their standard weekly meetings and are in the beginning stages of two big events, Every 15 minutes and Eggspress Yourself, scheduled for the spring. **CGTI 2016-2017 Mini Grant Award Recipient*

Highland High School

This month the CAT attended a keynote on drug and alcohol prevention. They also got approval to take a team to the Mid-Year Conference.

LEOs Lion's Club – Wilmington

This month the CAT held their weekly meetings, recruited 2 youth, worked on their action plan, and networked in the community. They were trained by the Lion's Club on how to hold a meeting, had their Charter officially accepted, and got pinned. This action team has also reached out to other CATs to learn about their success with their latest fundraising event. The youth also took a pledge before homecoming to be alcohol and drug-free. **CGTI 2016-2017 Mini Grant Award Recipient*

Livingston County OS

This month the CAT met three times and have solely focused on the planning of their Snowflurry. They have promoted their event at six different schools in the county, targeting 4th and 5th. The action team has been working on icebreakers, facilitation, and discussion group planning for their event next month.

Massac County Drug Awareness Coalition Youth Advisory Council

This month the CAT held their monthly meeting as well as set up a table at a home football game to raise awareness about alcohol use. The team had fatal vision goggles, stat sheets, IYS data, and a donation bucket. The awareness table was very successful and they were able to talk to youth and adults throughout their community.

Menard County School and Community Task Force – Athens High School

They held their standard weekly meetings in their respective schools. They did a chalkout to raise awareness about bullying, they held a sticker shock campaign in their community, hosted a drug-free activity for the junior high and high school students and had a town hall meeting for parents. The team also offered a healthy alternative to a haunted house and passed out bags of candy with a prevention message attached for Halloween.

McHenry County OS

This month the CAT trained youth leaders for the Snowball they will hold next month. They worked on facilitation skills, teambuilding activities, and icebreakers. **CGTI 2016-2017 Mini Grant Award Recipient*

District 156

This month the CAT held their weekly meetings and prepped for Red Ribbon Week. They distributed laffy taffy with a prevention message taped on to youth in their high schools. The CAT also created a positive drug-free environment to hang out and play games all while promoting leadership and healthy decision making. **CGTI 2016-2017 Mini Grant Award Recipient *2015-2016 CAT of the Year Award*

Thornwood High School

This month the CAT held an anti-bullying movie night with over 80 students in attendance. After the movie the students held a group discussion to discuss the issues addressed in the movie and in their school. They also invited additional youth to attend their meetings.

Pritzker College Prep OS

This month the CAT kicked off their Snowball meetings and discussed the purpose of the club. They taught icebreakers and Snowball/CGTI songs.

Streator PAWS

This month the CAT hosted a speaker for their entire student body. They also held their standard weekly meetings and participated in Red Ribbon Week. They held dress up days throughout the week and did a fundraiser to collect funds for their local communities who administer narcan.

West Leyden OS

This month the CAT processed their Out of the Darkness event that they held to raise awareness about suicide prevention. The team also put together a kindness wall that states, "I stay positive when...." and filled the wall with post-it notes with student responses. **CGTI 2016-2017 Mini Grant Award Recipient*

Wilmington Coalition

This month the CAT attended two town hall meetings. They also hosted a drunk driving kills scene at their annual Halloween event, which over 900 people attended from the community. They plan to send a team to the Mid-Year Conference. **CGTI 2016-2017 Mini Grant Award Recipient*

Woodland High School OS

This month the CAT participated in Red Ribbon Week. They decorated the school and had a door decorating contest. In one of their meetings they discussed a Snowflurry for 4th and 5th. They also began collecting socks for a local homeless shelter, celebrated bullying prevention month by wearing blue and celebrated smile day to reduce anxiety and make people smile.

Elgin Youth Empowering Students (Y.E.S.)

This month the CAT hosted Red Ribbon Week and a Halloween bonfire to provide Elgin youth a drug-free, healthy alternative. **CGTI 2016-2017 Mini Grant Award Recipient*

**Call for Presenter Proposals
February 9, 2016****Kick Butts Day, Wednesday March 16
February 25, 2016**